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Fit4AllNY PRICE LIST



Personal Training

60 Minute Sessions

1 session	\$115
10 sessions	\$1050

45 Minute Sessions

1 session	\$90
10 sessions	\$850

30 Minute Sessions

1 session	\$70
10 sessions	\$650

Program Design

3 sessions	\$299
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Membership Fee..... \$9.99

**In-Home Sessions are \$10 more per session*

**Must purchase a training membership*

Semi-Private

60 Minute Sessions

1 session	\$64.99
10 sessions	\$599.99

45 Minute Sessions

1 session	\$54.99
10 sessions	\$499.99

30 Minutes

1 session	\$44.99
10 sessions	\$399.99

**Rates per person - 2-3 participants*

Groups

1 session	\$ 44.99
8 sessions	\$ 299.99

Membership

Month-to-Month

Corporate	\$34.99
Private	\$39.99

Paid in Full (Annual)

Corporate	\$399
Private	\$450

Guest Fee

\$10

Locker

\$7

Maintenance Fee..... \$30

**Maintenance fee is annual every November*

Other

Nutrition

Initial Session	\$115
Follow-Ups	\$60

Massage Therapy

30 Minutes	\$60
60 Minutes	\$100
90 Minutes	\$130

**In-Home Sessions are \$20 more per session*